

# APPL FOUNDATION An In-house Publication by APPL Foundation **NEWSLETTER**

January – February 2020 Edition 8

Dear Readers,

Warm greetings from APPL Foundation!

We are happy to bring to you the very first newsletter of 2020. With the advent of this year we have stepped on new road of development. In this edition we bring to you news of our new endeavours and the impact our flagships programme have created so far in the communities.

We dedicate this newsletter to the resilient women of our communities who have been the actors and leaders of change.

Happy reading!

# INAUGURATION OF ACTIVE CASE FINDING PRGRAMME FOR TB

Active Case Finding Project for TB, a programme sponsored by HP Enterprise and implemented by APPL Foundation at the Tea Estates of APPL was launched at an event organized at Kellyden Tea Estate on 16th January 2020. The programme will be implemented at the Estates of Kellyden, Namroop, Powai and Hathikuli from February 2020.

The programme was attended by distinguished Government of Assam representatives, APPL and APPL Foundation representative. Mr. Dhiraj Kakati, Managing Trustee APPL Foundation, highlighted the need to work with all stakeholders for eradication of TB by 2025.

To champion the cause, 24 year old Jonaki Behera, of the Tea Tribe community, from Kellyden Tea Estate shared her success story of fighting TB and thereafter completing her graduation. She was offered appointment as coordinator.

In February the programme has been flagged off at the respective Tea Estates. Over 5000 households have been surveyed and each family member screened.

The programme is an impetus to the long standing commitment of APPL to build TB free Tea Estates.





Mr. Sushil Batla, Head of CSR, HP Enterprise, Mr. Dhiraj Kakati, Managing Trustee APPL Foundation along with dignitaries from Health Department, Government of Assam and APPL at the inauguration of the programme

### YOUTH AS THE LEADERS OF CHANGE

It has been our attempt to enable youth of tea garden communities emerge at the leaders of change. In order to strengthen their skills a workshop on street play was conducted at Borjan Tea Estate. Adolescent girls and boys of the community were trained to develop and perform street plays on issues of social concern.

After the training the batch of youngsters prepared a play which they performed in the community. In near future we hope to engage them in awareness generation campaigns.





Youth participants at the street play workshop performing a play on "importance of nutrition and health" in the community at Borjan Tea Estate

## FOR BETTER DIAGNOSTIC POSSIBILITIES AT THE TEA GARDENS

Under the SMART Hospital programme, the Tea Garden Hospitals at Lamabari, Sagmootea and Nahorani have been enabled with AINA kits. This diagnostic kit serves as a platform to conduct a series of blood test which is critical in diagnosis of chronic diseases. It was time to train the laboratory technicians to operate the kits and our young coordinator who has been recently trained to conduct orientation programme very successfuly trained the technicians.

Through this initiative we are building a skilled workforce at the garden hospital. The initiative will reduce the out of pocket expenditures of the patients; make diagnosis faster enabling quick response towards patients at the Tea Garden Hospital.





Youth coordinator Aamir, training the technicians of Lamabari, Sagmootea and Nahorani to conduct tests using AINA Kit

# FUNGAL FREE FROCKS WELLNESS CHALLENGE 2020 COT Have you been consulting doctors for any arrange of the consulting forcious for supplied for an extension for any arrange of the consulting forcious for supplied for an extension for any arrange of the consulting forcious for supplied for any consulting forcious for supplied for any consulting forcious forcion for supplied for any consulting forcious forcion for supplied for any consulting forcion forci

# 3 F WELLNESS CHALLENEGE

After our efforts to generate awareness on prevention of fungal infection at the communities in Tea Estates of Chubwa, Nahartoli and Borjan, it time to get back to the community for behavioral change.

The 3 F Wellness Challenge has been lunched at the respective estates where the community people are being encouraged to share proof of the behavioral change that they have adopted on the 5 action themes of "Washing and sun drying clothes" "Cleaning bed linens regularly" "Taking bath with soap daily" "Teaching children about hygiene" and "Consulting doctors for illness"

We are receiving entries from the community people especially the women in huge numbers! The lucky winners will be soon selected and awarded.

Keep an eye on our next edition for the winners of the 3 F Wellness Challenge!









The action posters which is spreading the news of wellness challenge at our communities

# **OUR SALUTE ON WOMEN'S DAY!**

In 2019 our programmes has prioritized education, livelihood generation, health, hygiene and curative treatment for women. In the last year we have impacted lives of over a thousand women and continue to do so in 2020!

This Women's Day we share with you our initiatives for women and with the women!

# WOMEN LEADING ADOPTION OF NUTRITION RELATED BEST PRACTICES

Under the Workforce Nutrition Programme, women are leading workshops where ways to cook nutritious food is being demonstrated. The demonstrated best practices are imbibed by the community at large. The Nutrition Committees comprising mostly of women are ensuring that every home at the community adopts the demonstrated ways of cooking nutritious food.



# WE PROSPER WHEN WOMEN PROSPER

A range of initiatives have been undertaken to enable women in Hathikuli community

11 women from the community trained to become solar entrepreneurs



Workshop for solar entrepreneurs being set up in the community



Selected women to be trained in beekeeping as alternative eco-friendly livelihood



Gender awareness curriculum part of lessons in schools in and around Hathikuli



Two water filtration systems are installed in the community which will be managed by women

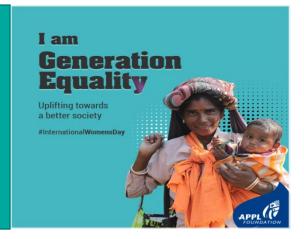


Women leading WASH related behavioural change campaign in the community



We renew our vow to act in partnership with women of our associate communities.

On Women's Day,
As women stand up for themselves
Let us all stand up along with them!



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